



# January 2012



| Mon                                                                                                             | Tue                                                                                                  | Wed                                                                                                            | Thu                                                                                                     | Fri                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| <p>2</p> <p><b>CPS CLOSED</b></p>                                                                               | <p>3</p> <p>Oatmeal, Raisins, Pears</p> <p>Egg/Brocc Quiche,<br/>Canned Pineapple</p>                | <p>4</p> <p>Cereal, Bananas<br/>Chicken, Potato &amp; Cheese<br/>Pierogies, Carrots,<br/>Canned Peaches</p>    | <p>5</p> <p>Cereal, Grapes<br/>Homemade Chili, Cornbread,<br/>Mix Veggies, Canned Mand.<br/>Oranges</p> | <p>6</p> <p>Cereal, Bananas</p> <p>Ham &amp; Mashed Potato,<br/>Corn, Canned Applesauce</p>               |
| <p>9</p> <p>Yogurt, Fruit Tacos</p> <p>Hamburger, Baked Fries, Peas,<br/>Seedless Grapes</p>                    | <p>10</p> <p>Cereal, Bananas</p> <p>French Toast, Turkey Sausage,<br/>Broccoli, Canned Pineapple</p> | <p>11</p> <p>Bagels w/ Crm. Chs., Oranges</p> <p>Cheese Ravioli, Meat Sauce,<br/>Green Beans, Canned Pears</p> | <p>12</p> <p>Homemade Applesauce Muffin,<br/>Pears</p> <p>Turkey Sandwich, Cheese,<br/>Corn, Apples</p> | <p>13</p> <p>Oatmeal, Raisin, Grapes</p> <p>Chicken Nuggets, Pasta Salad,<br/>Carrots, Canned Peaches</p> |
| <p>16</p> <p>Scrambled Eggs,<br/>English Muffin, Apples<br/>Grilled Cheese, Tomato Soup,<br/>Canned Peaches</p> | <p>17</p> <p>Bagels w/ Crm. Chs., Bananas</p> <p>Chicken Quesadilla, Beans,<br/>Canned Pears</p>     | <p>18</p> <p>Cereal, Bananas</p> <p>Fish Sticks, Tator Tots,<br/>Corn, Canned Pineapple</p>                    | <p>19</p> <p>Cereal, Bananas</p> <p>Whole Wheat Pasta, Meat<br/>Sauce, Green Beans, Oranges</p>         | <p>20</p> <p>Homemade Blueberry Muffin,<br/>Oranges</p> <p>Pizza, Tossed Salad, Apples</p>                |
| <p>23</p> <p>Hard Boiled Egg,<br/>English Muffin, Grapes<br/>Homemade Mac &amp; Cheese,<br/>Peas, Oranges</p>   | <p>24</p> <p>Yogurt, Fruit Tacos</p> <p>Spanish Rice, Ground Beef,<br/>Corn, Canned Peaches</p>      | <p>25</p> <p>Cereal, Oranges<br/>Soy Butter &amp; Jelly Sandwich,<br/>Vegetable Soup,<br/>Seedless Grapes</p>  | <p>26</p> <p>Oatmeal, Raisins, Grapes</p> <p>Turkey Tacos, Corn Chips,<br/>Beans, Pears</p>             | <p>27</p> <p>Cereal, Grapes</p> <p>Chicken/Brocc/Rice Casserole,<br/>Apples</p>                           |
| <p>30</p> <p>Bagels w/ Crm. Chs., Oranges</p> <p>Chicken, Brown Rice,<br/>Green Beans, Apples</p>               | <p>31</p> <p>Oatmeal, Raisins, Apples</p> <p>Sloppy Joes, Corn,<br/>Canned Mand. Oranges</p>         |                                                                                                                |                                                                                                         |                                                                                                           |

Milk is served at Breakfast & Lunch. Whole milk is served to children under 2 yrs, 1% milk is served to children 2 yrs and older. A variety of cold cereal served, all with under 6 grams of sugar. Lunch is served with whole wheat bread when bread is not in the menu. Raw veggies are served with every lunch.